

## EMMA KOWALENKO



I founded Kowalenko Consulting Group, Inc. (KCG) in 1988. Strategic planner, change management consultant, I have been documenting our clients' Organizational Health and Fitness (OH&F) for over 30 years. For descriptions of our multi-disciplinary environmental, planning and consulting projects, see our company website <https://www.kowalenkogroup.com/>

Adjunct lecturer for Northwestern University, I produce course content, implement, and facilitate the online Master of Science classes in the Executive Management for Design and Construction (EMDC) program, offered by the McCormick School's Department of Civil and Environmental Engineering.

<https://www.mccormick.northwestern.edu/executive-management-design-construction/>

I am Lean Six Sigma Certified for Executives and Sponsors. My mindfulness approach encourages engaging full brain thinking, creativity, and awareness of the subtleties of the multilingualism that surround us, professionally and socially.

The hands-on format of my book, *Puliziotta's Organizational Health and Fitness (OH&F), Lessons Learned and Strategies for Zapping the DYSfunctional Virus*, gives you the opportunity to witness working lives touched by DYS and to participate in zapping DYSfunction. For the book see <https://www.amazon.com/dp/1533234701>. Here mindfulness practice and creativity are incorporated into DYS zapping techniques for public, private, and nonprofit sector clients. The tools in this book focus on leadership competencies acquired through the interface of Emotional (EQ), Social (SQ), and Cultural (CQ) Intelligence.

Of eastern European heritage, I was born and raised in Casablanca, Morocco, immigrated to the U.S. at the age of 11. Fluent in six foreign languages, entrepreneur, small business advocate, oral historian, poet and mixed media visual artist, I am dedicated to giving visibility and voice to the unseen and the unheard.

KCG is located in Highland Park, Illinois. My husband Anthony Bilotti and I live in Highwood, 28 miles from Chicago's downtown. Highwood is a diverse, creative, multi-ethnic, culinary-rich enclave, in close proximity to Lake Michigan.

All are invited to anonymously share ideas, working stories, OH&F challenges, and creative DYS zapping solutions on my blog / website [www.puliziotta.com](http://www.puliziotta.com). You are welcome to join my LinkedIn network anytime. <https://www.linkedin.com/in/emma-kowalenko-84510012>