

## ABOUT PULIZIOTTA



Welcome to this *Organizational Health and Fitness – (OH&F)* journey. Mindfully aware and present in the now of each working person’s life and workplace situation we use our engaged full brain thinking, our emotional intelligence (EQ), social intelligence (SQ), and cultural intelligence (CQ), to observe, listen, and resolve.

I am Puliziotta, Chief Zapping Agent (CZA). I operate “undercover” as a cleaning lady. I am partial to bandanas, metaphors, all-knowing owls, infographics, and tools with traditional as well as high-tech powers. I mean business when it comes to zapping DYSfunction in organizations. The root of my name, Puliziotta, the Italian verb “pulire,” means “to clean.” Poliziotta, means detective. I am therefore a cleaning lady detective. Calling on engaged, full brain, capabilities I invite you to create a better world to work and live in by eradicating the DYS virus that threatens working people in all sectors of the global economy. I founded Zappers, ULTD, specialists in DYS cleanup, prevention, and workplace transformation. I welcome you to travel with me responding to calls to our Zappers DYSpatch Emergency Response (ER) Center. You are here because you care and want to tackle DYS. Together, with sound body, mind, and spirit, we undertake our mission to improve working lives.

During our travels we interweave reality with humor and hard work. The walls have ears and statistics tap their way to our actively mindful, engaged full brain, consciousness. We take along watchful owl eyes mobile apps, investigative tools, and of course, cleaning supplies. We scan data clouds for information and engage teams dedicated to Collaboration, Optimism, Resilience, and Excellence (CORE).

With each work place challenge we encounter, we establish a CORE team. We exchange knowledge. We share our individual stories. We mindfully listen to others, to their individual and their collective stories. Your solutions will come from you and your CORE team.

I invite you to travel with me here in our virtual landscape. Enjoy and respond to the blog. Write your stories and they will be posted anonymously if you wish. Use the resources freely and share your own. Tools and team exercises are found in *Puliziotta’s Organizational Health and Fitness – Lessons Learned and Strategies for Zapping the DYSfunctional Virus* - <https://www.amazon.com/dp/1533234701>