## Building Leadership Competency with Emotional, Social, and Cultural Intelligence

Presentation Emma Kowalenko 2019

Competency = Skills + Knowledge + Abilities



Use your professional and personal skills to learn about EQ, SQ, CQ.

Relate your EQ, SQ, CQ knowledge to real life situations.

Incorporate mindful, engaged, full brain thinking to hone your leadership abilities.

Apply your EQ, SQ, CQ skills, knowledge, and abilities to your own leadership competency.

Practice mindfulness and foster trust.

Mentor and empower others.



## EQ, SQ, CQ

## EQ, SQ, CQ – Discovery, Information, Tools, and Application



### Leadership Competency EQ, SQ, CQ - Our Experiences

- Our awareness of ourselves and others personally and professionally
- Our social activities
- Our family backgrounds
- Our work
- Our travels
- Our personal, social, and professional interactions, education, growth



EQ, SQ, CQ - Information



EQ, SQ, CQ - In a Nutshell

Emotional Intelligence (EQ-EI), Social Intelligence (SQ-SI), and Cultural Intelligence (EQ-CI), their Interface and Multilingualism

With EQ we grasp what makes us and others human.

With SQ we hone the capacity to understand relationships.

With CQ we distill universal behaviors, those specific to a group, and those neither specific nor universal.

El a.k.a. EQ

**Self Awareness** 

**Social Skills** 







#### Mindfulness and EQ

**Improves Collaboration and Performance** 

Expands
Leadership
Capacity

Mindfulness & emotional intelligence...



Enhances
Well Being and
Resilience



Social Intelligence in the Workplace

Be helpful.

Be gracious.

Be kind.



Smile.

Think how you affect others.



# Leadership with EQ, SQ, CQ Social Intelligence



Be genuinely interested in people.



**Cultural Intelligence – CQ** 



Knowing Self

**Knowing Others** 

**Leading Together** 



**Family** 

#### **Complexity of Cultural Difference – CQ**

**Ethnic National** Regional Local

Industry **Organization** Unit **Professional** 

Gender **Sexual Orientation** Generation We can add...

**Work Team** University **Sports** Family Culture **Spiritual** Local Culture and 





Education

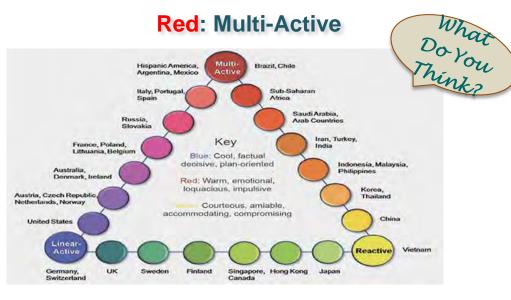
# Leadership with EQ, SQ, CQ Personalities by Nationalities – CQ

Key:

Blue: Cool factual, decisive, plan oriented

Red: Warm, emotional, loquacious, impulsive

Yellow: Courteous, amiable, accommodating, compromising



Blue:

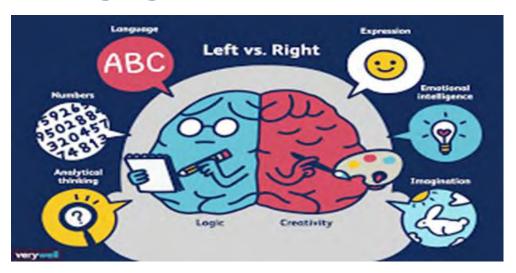
**Linear-Active** 

Yellow: Reactive

Mindfully, we steer away trom stereotypes.



#### Left Brain – Right Brain Engaged Full Brain Thinking





# Leadership with EQ, SQ, CQ Engaged Full Brain Thinking

Left vs. Right

#### **Left Brain - Logic**

- Language
- Numbers

Analytical Thinking



- Expression
- Emotional Intelligence
- Imagination



## **Building Leadership Skills**

#### **Engaged Full Brain Thinking Leadership**

- What: Better Results
- Why: Competitive Advantage,
   Full Use of Talent
- How: Draw on Learned Solutions
- Who: Leaders and Managers





## **Building Leadership Skills**

EQ, SQ, CQ - Tools



# Building Leadership Skills Competencies Score Card – 1 to 4

Competencies	Score
Positive Mood	
Team Identity	
Motivation	
<b>Emotional Awareness</b>	
Communication	
Stress Tolerance	
Conflict Resolution	
TOTAL	



On a 1 to 4 scale, with 4 as the best, how would you score?

#### **Build Your Own Score Card**





## Leadership Competency EQ, SQ, CQ – Application



## Leadership Competency Traits of an Effective Leader

- Honesty and Integrity
- Inspires Others
- Commitment and Passion
- Good Communicator
- Decision-Making Capabilities
- Accountability
- Delegation and Empowerment
- Creativity and Innovation
- Transparency



# Leadership Competency As an Effective Leader He / She

- Creates a Trust Culture
- Mindfully Listens to Self and Others
- Shares Dreams and Enthusiasm
- Communicates Often
- Learns from Bad Decisions
- Takes Responsibility for Actions
- Is a Self Confident Mentor
- Recognizes Individual Strengths
- Shares Information Openly



**Leaders Create Trust Culture for Clients & Staff** 

**Our Clients** 

Priority for Our

Organization

**Clients** 

**Staff** 

Leadership

**▼TRUST Culture** 

**Our Clients** 

Priority for our

Staff





**Satisfied Clients** 

# Leadership Competency Team Collaboration

Background: Two Hotel Projects in Two Countries – Public Private Partnerships, Design Build, Multi-story "boutique" hotels.

Scene: pre construction meeting in September, in each of country with multi-national teams Design Build project – Phases Completed

- 1. Planning and Development with multi-national team BIM emails web meetings in person meetings three times.
- Design Build bidding, programming, feasibility studies, schematic design, design development, contract documents, working drawings
- 3. Pre-construction documents sent to potential contractors and vendors
- Phases to be completed:
- 4. Procurement expected to begin soon after this meeting.
- 5. Construction

Note: Local government officials that give final approval not involved in schematic design.



### Leadership Competency Scenario – China

**Change**: Original public official involved in Beijing China, with an architectural background, in his thirties has been moved to another city. The meeting has been called by the new official not familiar with the project who is an engineer by training. He is in his sixties. He was raised in Taiwan. His family has lived in Taiwan near the Chinese maritime borders with Japan for many generations. Feng Shui matters to him. He examines carefully the building orientation, design, and the placement of the lion figures. A lion figure is the trademark of the Hotel Chain and lion statues will be prominent throughout. The atmosphere is cordial.

**Note**: Present building orientation follows a mix of Classical / Traditional Bagua Feng Shui and BTB Western Feng Shui standards. This mix is not pleasing to the new. Local project manager. In addition, lion statues are not located at the north end of building entrances. Their anticipated orientation on the foot bridges in the attached garden may need to be re-aligned.

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### Leadership Competency Scenario – China – JV Team

- Project Management U.S., China, and Japan, with Local Government Oversight – Engineer
- Engineering Local, and U.S.
- Architecture Local, U.S., and Japan
- Planning U.S. and Local
- Marketing of Hotel U.S. and Local
- Cultural Liaison Local, Japan, and U.S.



#### Scenario - Morocco

**Change**: Original public official involved in Casablanca Morocco, an engineer in her thirties is on maternity leave. Her anticipated date of return is not determined. The colleague replacing her on the project, is an engineer of Berber origin. He is in his fifties. He has been raised in a traditional household. He has moved to Casablanca for the project. The meeting date precedes by two days, Llaid Kbir, a very important religious holiday. The atmosphere is friendly.

**Note**: present building orientation may obstruct the view of a prominent mosque for some residents. The symbol of Copenhagen's Little Mermaid on the exterior and in the interior of the hotel as well as in the attached small garden may not be acceptable. Also upon examination the main floor and meeting space restrooms as well as individual bathrooms in the guest suites have a flaw.

#### Scenario - Morocco - JV Team

- Project Management U.S., Morocco, Denmark, and France with Local Government Oversight – Engineer
- Engineering Local, U.S., Denmark, and France
- Architecture Local, U.S., and Denmark
- Planning U.S. and Local
- Marketing of Hotel U.S., France, and Local
- Cultural Liaison Local, U.S., and France



#### **Team Collaboration – Hotel Project – China**

Strengths	Challenges	How Resolved
•	•	•
•	•	•
•	•	•
•	•	•



**Team Collaboration – Hotel Project – Morocco** 

Strengths	Challenges	How Resolved
•	•	•
•	•	•
•	•	•
	•	•



# Leadership Competency Application of Competencies

How were these competencies applied in your collaboration?

- Self Awareness
- Self Management
- Social Awareness
- Relationship Management





# Leadership Competency Mindfully Engaging Full Brain Thinking

Applying the interface between mindfulness and EQ





**Emotional Intelligence and Mindfulness** 

### Leadership Competency Interface of EQ, SQ, CQ and Multilingualism

You are multi-lingual. Which languages did you navigate in during the collaboration – engineer, manager, local official, JV partner?



Multilingualism Enhances Brain Health and Global Competency



### **Building Leadership Competency** through EQ, SQ, CQ

**Q&A AND FEEDBACK** 



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Book: Puliziotta's Organizational Health and Fitness – Lessons Learned and Strategies for Zapping the DYSfunctional Virus – 2019 https://www.amazon.com/dp/1533234701